

# TRINITY

## Episcopal Church & School

September 17, 2023

Hello Trinity Episcopal Church Sunday School Families,

“Parting the Red Sea” is the title of this week's lesson, from Exodus 14:19-31. This lesson reminds us how powerful God is and how much He loves us. Our memory verse for this week is: “And when the Israelites saw the mighty hand of the LORD displayed against the Egyptians, the people feared the LORD and put their trust in Him and in Moses His servant.” Exodus 14:31

<https://sermons4kids.com/> is the homepage and where you will find the sermon lesson to read to your children. For teaching this lesson, you will need a ceramic or plastic plate, water, pepper, dish soap, and paper towels.

To the right of the lesson are links to print a coloring page, word search, a crossword puzzle and more. Feel free to use any of these supplemental activities for your child's individual level. Additionally, below the lesson is an instructional video for making a related craft.

This week's group activities can also be found in that list of resources beside the sermon reading. Feel free to use and modify any of these activities to suit your family. At the bottom of this email, there is a themed snack idea provided by Sermons4Kids. There you will also find the Discussion Questions and Suggested Prayer Starters from Sermons4Kids.

### **Sample prayer for this week:**

God, thank You for saving the Israelites. Thank You for showing us in big ways and in small ways that You are powerful. Remind us that when we feel afraid or confused, You protect us. In Jesus' name, amen.

Leigh Yergler  
Sunday School Teacher  
Trinity Episcopal Church Sunday School

### Elementary Discussion:

This week, kids will learn in Exodus 14:19-31 that God did an amazing and spectacular miracle for His people. The Israelites had just been freed from 400 years of slavery. As they followed Moses through the desert, Pharaoh sent his army to bring them back. God protected His people with a cloud by day and a fire by night. He told Moses to tell the people not to be afraid. Then God parted the Red Sea for His people to pass through safely. The Egyptian army followed but ended up perishing. God protected His people. Bible Memory Verse: "And when the Israelites saw the mighty hand of the LORD displayed against the Egyptians, the people feared the LORD and put their trust in Him and in Moses His servant." Exodus 14:31

#### MONDAY:

- What did you learn about God parting the Red Sea?
- Praise God for how amazing and powerful He is.

#### TUESDAY:

- What is one way God has protected you?
- Thank God for His protection.

#### WEDNESDAY:

- How does God protect His people today?
- Pray for people who need God's protection.

#### THURSDAY:

- When are times we can ask God to protect us?
- Ask God to help you remember to turn to Him for protection.

#### FRIDAY:

- How do you know God cares about you?
- Thank God for all the ways He cares about you.

## Parting the Sea Snacks

You'll Need (please use parental discretion with snack items):

- Blue Jello dessert snacks
- Teddy Grahams crackers
- Can of whipped cream
- Spoons
- Paper plates
- Napkins

Do This:

- Open Jello cups and add a squirt of whipped cream to the top.
- Use your spoon to "part the sea."
- Walk your Teddy Grahams across the sea.
- Thank God for protecting His people, then enjoy!

Discuss:

- **SAY:** *In today's Bible lesson, God rescued His people when their lives were in serious danger. God protected them because He loved them and He is powerful.*