



July 25, 2021

Hello Trinity Episcopal Church Sunday School Families,

"There's No Fear in Jesus" is the title of this week's lesson, from John 6:16-21. This lesson reminds us that Jesus conquers our fear. Our memory verse for this week is: "But He said to them, 'It is I; don't be afraid.'" John 6:20.

<https://sermons4kids.com/> is the homepage and where you will find the sermon lesson to read to your children. For this lesson, you will need a teddy bear.

To the right of the lesson are links to print a coloring page, word search, a crossword puzzle and more. Feel free to use any of these supplemental activities for your child's individual level. Additionally, below the lesson is an instructional video for creating a related craft.

This week's group activities can also be found in that list of resources besides the sermon reading. Feel free to use and modify any of these activities to suit your family. At the bottom of this email, there is a themed snack idea provided by Sermons4Kids. There you will also find the Discussion Questions and Suggested Prayer Starters from Sermons4Kids.

**Sample prayer for this week:**

*Dear God, all of us are afraid at times. Help us to remember that with Jesus as our protector and friend, we have nothing to fear. In Jesus' name, amen.*

We pray for the peace and health of you all and hope you have been having a wonderful summer! We have been so excited to see many families returning to church and Sunday School these past few months and look forward to seeing you again this week!

God bless you,

Leigh Yergler  
Sunday School Superintendent  
Trinity Episcopal Church Sunday School

### **Elementary Discussion:**

This week in John 6:16-21, children learned about Jesus walking on the water to reach His frightened disciples. The disciples started to row across the lake one evening, and the waters quickly grew stormy and scary. They saw someone walking toward them and were terrified at first. But when the disciples realized it was Jesus, they invited Him into the boat, and their fears disappeared. The children learned that Jesus can conquer their fears, too, if they trust in Him as their friend and protector. Bible Memory Verse: "But He said to them, 'It is I; don't be afraid.'" John 6:20.

### **Monday**

Review John 6:20 today.

What fears would you have if you were in a storm like the disciples?

Praise God for protecting you from harm when you're afraid.

### **Tuesday**

Review John 6:20 today.

What's hard about trusting Jesus when you're afraid?

Pray for Jesus to give you courage in the midst of your fears.

### **Wednesday**

Review John 6:20 today.

What is one big fear in your life?

Thank Jesus for being more powerful than that fear.

### **Thursday**

Review John 6:20 today.

How can you trust Jesus to help you overcome your fears?

Talk to God about the fears you're facing.

### **Friday**

Review John 6:20 today.

How can you tell a friend about Jesus' power to crush fears?

Ask God to help you talk to that friend about Jesus.

## Walking on Water Snacks

You'll Need (use parental discretion with small items):

- Cups - one per child
- Blue Jell-O
- Spoons - one per child
- Napkins - one per child
- Gummy bears - one per child
- Goldfish crackers - a few per child
- Ritz crackers - one per child

Follow these steps to make the snacks:

- Make and cool blue Jello in clear plastic cups.
- Give each child a cup of blue Jell-O, a Ritz cracker, a few goldfish crackers, and one gummy bear.
- Instruct kids to bite into the Ritz crackers to make a boat shape, and put it on top of the blue Jell-O, which represents water.
- Have kids place the Goldfish crackers in the water.
- Tell kids to stand up the gummy bear on the blue Jell-O to represent Jesus walking on water.
- Enjoy.

Discuss:

- SAY: *In today's lesson, Jesus not only walked on water--He walked on top of dangerous, stormy water! What an amazing thing He did to help His friends crush their fears! And He wants to help you to conquer your fears, too, so always look to Jesus when you are afraid.*