



June 20, 2021

Hello Trinity Episcopal Church Sunday School Families,

"David and Goliath" is the title of this week's lesson, from 1 Samuel 17:1-49. This lesson reminds us that God gives us the courage to face every day "giants" in our own lives. Our memory verse for this week is: "David said to the Philistine, 'You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies of Israel, whom you have defied.'" (1 Samuel 17:45)

<https://sermons4kids.com/> is the homepage and where you will find the sermon lesson to read to your children. For this lesson, you will need a small bag containing five smooth stones and a measuring tape.

To the right of the lesson are links to print a coloring page, word search, a crossword puzzle and more. Feel free to use any of these supplemental activities for your child's individual level. Additionally, below the lesson is an instructional video to make a snack with string cheese and grapes (please use parental discretion with potential choking hazard foods.)

This week's group activities can also be found in that list of resources besides the sermon reading. Feel free to use and modify any of these activities to suit your family. At the bottom of this email, there is a themed snack idea provided by Sermons4Kids. There you will also find the Discussion Questions and Suggested Prayer Starters from Sermons4Kids.

Sample prayer for this week:

Dear God, just as You gave David the victory in his battle with Goliath, we know that when we put our trust in You, You will give us the victory over the giants we face in our daily life. In Jesus' name, amen.

We pray for the peace and health of you all! We have been so excited to see many families returning to church and Sunday School these past few weeks and look forward to seeing you again this week!

God bless you,

Leigh Yergler
Sunday School Superintendent
Trinity Episcopal Church Sunday School

Elementary Discussion:

This week in 1 Samuel 17, kids learned about a young shepherd boy named David who killed a nine-foot-tall giant named Goliath using only five small stones and the power of the Lord. Goliath was a mighty warrior with a sword, a spear, and strong armor that weighed 100 pounds. David, on the other hand, had no armor; it was too heavy for him. And he had no sword or spear. David's weapon was a slingshot, and his ammunition was five smooth stones which he picked up from a nearby stream. God gave David the power to defeat the giant that all of the Israelites were afraid to face! Kids learned that God gives us the confidence to face everyday giants in our own lives. Bible Memory Verse: "David said to the Philistine, 'You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies of Israel, whom you have defied.'" (1 Samuel 17:45)

Monday

Review 1 Samuel 17:45 today.

What is something you learned about God's power through David?

Thank God for going before you in every battle you face.

Tuesday

Review 1 Samuel 17:45 today.

How can you be more like David when you face hard things?

Ask God to give you courage and confidence like David to overcome your everyday giants.

Wednesday

Review 1 Samuel 17:45 today.

What are some giants that you're facing?

Talk to God about the giants you're facing.

Thursday

Review 1 Samuel 17:45 today.

What are some things God gives you to fight the giants in your life?

Thank God for giving you the love and tools you need to overcome scary things.

Friday

Review 1 Samuel 17:45 today.

What are some giants God has already helped you overcome?

Thank God for His power and protection over those circumstances.

David and Goliath Snacks

You'll Need (use parental discretion with small items):

- Paper plates - one per child
- Teddy Grahams
- Keebler Elf cookies - one per child
- Cocoa Puffs cereal

Follow these steps to make the snacks:

- Give each child a paper plate, one Keebler Elf cookie, several Teddy Grahams, and five Coco Puffs.
- Invite kids to retell what happened between the Israelite and Philistine armies using the provided snacks.
- Enjoy.

Discuss:

- ASK: *If you were going to have to fight a giant, what would you want to use? Why?*
- SAY: *David didn't need any fancy armor. It was way too heavy for him. He didn't even need a sword. David had the Lord God Almighty on his side; so he only needed five smooth stones and a slingshot.*