



April 11, 2021

Hello Trinity Episcopal Church Sunday School Families,

"Seeing is Believing" is the title of this week's lesson, from John 20:19-31. This lesson recounts when Jesus appeared to the disciples and doubting Thomas' encounter with Him. Our memory verse for this week is: "Then Jesus told him, '**Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.**' " John 20:29

<https://sermons4kids.com/> is the homepage and where you will find the sermon lesson to read to your children. For this lesson, you will need a dollar bill and two paper clips and to have watched the instructional video on how to use them which is below the sermon lesson on the main page.

To the right of the lesson are links to print a coloring page, word search, a crossword puzzle and more. Feel free to use any of these supplemental activities for your child's individual level.

This week's group activities can also be found in that list of resources besides the sermon reading. Feel free to use and modify any of these activities to suit your family. At the bottom of this email, there is a themed snack idea provided by Sermons4Kids. There you will also find the Discussion Questions and Suggested Prayer Starters from Sermons4Kids.

Sample prayer for this week:

Dear God, help us to believe in our heart the truths we find in Your Holy Word, even though we have not seen them with our own eyes. In Jesus' name, amen.

We pray for the peace and health of you all! We have been so excited to see many families returning to church and Sunday School these past two weeks for Palm Sunday and Easter and look forward to seeing you again this week!

God bless you,

Leigh Yergler
Sunday School Superintendent
Trinity Episcopal Church Sunday School

Elementary Discussion:

This week, the children learned that the resurrected Jesus appeared to the disciples. One disciple, however, was not at the scene. When Thomas encountered the risen Jesus, he said, "Unless I see the wound in His side and put my finger in the holes where the nails were in His hands, I will not believe it!" Jesus showed Thomas His wounds, after which the doubting disciple believed and praised Him as Lord. In response, Jesus proclaimed that those who believe without seeing are blessed. The children learned we believe in Jesus even if we can't see Him.

Bible Memory Verse: "Then Jesus told him, 'Because you have seen Me, you have believed; blessed are those who have not seen and yet have believed.' " John 20:29

Monday

Review John 20:29 today.

Why do you think the disciples were so scared and hiding in a locked room?

Ask God to show you how you can be fearless because He is in control.

Tuesday

Review John 20:29 today.

How do you think Thomas felt after he doubted Jesus, only to find out that Jesus was really resurrected?

Pray for God to grant you the faith that believes without having to see proof.

Wednesday

Review John 20:29 today.

What is something that's helped you believe in Jesus even though you've never seen Him?

Praise God for making you aware of Jesus' amazing presence in your life.

Thursday

Review John 20:29 today.

What is something you still need help believing when it comes to Jesus?

Ask Jesus to show you how to believe in that without seeing it first.

Friday

Review John 20:29 today.

How can you show a friend about Jesus?

Pray for God to give you the opportunity to share about Jesus with that person this week.

Eye See Snacks

You'll Need (use parental discretion with small items):

- Oreo cookies - two per child
- M&Ms - four per child
- Blue and green gel icing
- Paper plates - one per child
- Napkins - one per child

Follow these steps to make the Eye See snacks:

- Give each child a paper plate, napkin, two Oreos, and four M&Ms. Explain that you are trying to create the look of a person's eye with the supplies.
- Instruct kids to gently twist apart their cookies to leave just enough white filling on each side.
- Invite kids to make a circle of blue, green, or mixed-together icing gel in the middle of their cookie filling.
- Have kids put an M&M in the middle of their colored circle to complete the eye.
- Invite kids to make one more set of eyes with their additional supplies.
- Enjoy the eye cookies.

ASK:

- *Thomas had to see Jesus and wanted to touch the holes in His hands before he could believe Jesus was really alive.*
- *What is something you still need help believing when it comes to Jesus?*
- *What would it take for you to believe in it?*

SAY:

- *Even though we were not there to see Jesus after He rose from the dead, we can believe it is true because of many eyewitness accounts of people who saw Jesus alive. The Bible is a great place of truth to help us know more about the life and ministry of Jesus.*