



August 2, 2020

Hello Trinity Episcopal Church Sunday School Families,

This week's lesson is titled, "Jacob Wrestles With God." This lesson, from Genesis 32:22-31, tells the story of when Jacob wrestled all night with an angel of God and how He eventually surrendered to God's will. We need to also remember to surrender our desires to God's perfect will for our lives. Our memory verse for this week is "[So Jacob was left alone, and a man wrestled with him till daybreak.](#)" Genesis 32:24

<https://sermons4kids.com/> is the homepage and where you will find the sermon lesson to read to your children. The lesson this week incorporates the use of ice cubes and items such as a hair dryer, so you may want to look it over ahead of time to have the items ready.

Below the lesson are links to print a coloring page, word search, a crossword puzzle and more. Feel free to use any of these supplemental activities for your child's individual level.

This week's group activities can be found here https://sermons4kids.com/jacob_wrestles_with_god_group_activities.htm Feel free to use and modify any of these activities to suit your family. A couple you might want to check out include the Blessings Acrostic and Pantomime Wrestling (which can be done in even single child households).

At the bottom of the Group Activities page are two song options to incorporate with this week's lessons. One of the included songs is "O Be Careful Little Hands" Another version of this familiar song, produced by CedarMont Kids, can be found here https://www.youtube.com/watch?v=PsTWc_tAGts or another by BibleTimeFun.com here <https://www.youtube.com/watch?v=TXgHRby5IxA> Both of these options come complete with simple motions to help kids remember the lyrics.

We pray for the peace and health of you all. We miss you and can't wait to see you again soon!

God bless you,

Leigh Yergler
Sunday School Superintendent
Trinity Episcopal Church Sunday School

Elementary Discussion:

This week, kids learned in Genesis 32:22-31 that Jacob wrestled with an actual angel of God. Before this, Jacob had done many wrong things and was not always surrendered to God. As Jacob and his family traveled back to see his brother Esau, Jacob encountered an angel of God in the night. And they wrestled all night. Jacob was strong and he begged the angel to bless him before he would let go. Then the angel touched and twisted Jacob's hip and also blessed him. Jacob's twisted hip was surely a reminder to continue to surrender to the mighty God the rest of his days. Bible Memory Verse: "So Jacob was left alone, and a man wrestled with him till daybreak." Genesis 32:24

Review Genesis 32:24.

Discussion Questions:

What did you learn about Jacob wrestling with God?

What is something people wrestle with God about?

What does it mean to surrender to God?

What is an area in our family's life that we've surrendered to God?

What's one thing you can surrender to God about?

Prayers:

Thank God for the Bible to teach us.

Pray for someone who is wrestling with God about something.

Ask God for grace to surrender every area of your life.

Thank God for the grace He has given to surrender in that area.

Talk to God about that thing.